

Back to [Blog Homepage](#) | Back to [UPTOWNLIFE.NET](#)

Textured Beauty by Diane Da Costa

[Home](#) | [About](#) |

[Entries \(RSS\)](#) [Comments \(RSS\)](#)

nov 7, 2009

SHIBUMI SPA TRIBECA

Author: Admin | Filed under: [Health & Wellness](#), [Hot Spots!](#), [Products & Services](#), [beauty](#)



Where can you find a hidden oasis in the hustle and bustle of New York City? **Shibumi Spa** is an elegant spiritual and tranquil sanctuary tucked away at Eastern Athletics Club in Tribeca. You will leave this Asian inspired Spa with a renewed sense of self-empowered, enlightened and ready to take on the world!

Soli Davis, the Spa Director greets all her clients with a warm embracing smile ready to facilitate, heal and pamper all. She recommended I get the Microdermabrasion Treatment with Reflexology add on service to re-texturize the skin's surface. The treatment was performed on the most comfortable heated massage/skin care treatment bed which was simply wonderful for my back and really relaxed my state of mind. First she removed all makeup with a cleanser and lavender water which calms the skin and body.



The **Microdermabrasion Treatment** which uses a rapid vacuum action machine to exfoliate the skin with crystals. Soli explains, "Your skin was a bit sensitive on your neck, so I wanted to hydrate and brighten that area gently." The movements in the treatment were reflexology, shiatsu, lymphatic drainage and **Tibetan Ayurvedic Marma Points**, as well as some traditional European Facial movements. "Generally the movements are used to try to " re-texturize the skin using the microdermabrasion machine- who's vacuum action with the crystals help to evenly and rapidly exfoliate the skin. It also increases circulation and cell renewal." "I also used **Bionova's Exfoliating Cleanser** for further brightening from the inside out and their **Oil Free Massage Cream**, which when combined with steam and massage techniques really help to soften and brighten the skin!"

The **Microdermabrasion Treatment** is great with facial treatments for special



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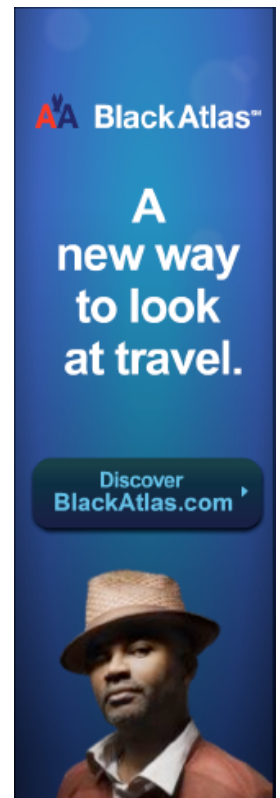


Diane Da Costa

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Categories

- [accessories \(3\)](#)
- [American Beauty Tour \(11\)](#)
- [Award shows \(3\)](#)
- [beauty \(34\)](#)
- [Beauty-Hot Products \(43\)](#)
- [Beauty: Products \(27\)](#)
- [Bridal Head Pieces \(1\)](#)
- [Celebrity Q&A \(3\)](#)
- [Current Events \(3\)](#)
- [fashion \(16\)](#)
- [fragrances \(2\)](#)
- [fundraiser \(4\)](#)
- [Glam Makeovers \(16\)](#)
- [Grammy \(1\)](#)
- [Health & Wellness \(6\)](#)
- [Hot Spots! \(13\)](#)
- [Hot Trends! \(29\)](#)
- [ICON Musical Genius \(2\)](#)
- [Interviews \(3\)](#)
- [Legend \(1\)](#)



events skin renewal, for removal of hyperpigmented skin after pregnancy and intense scaring from life long acne. The treatment leaves your skin brighter and more even toned and less blotchy. The number of treatments recommended depends on how much hyperpigmentation or scaring remains on the skin's surface.

After the Microdermabrasion treatment, **Ms. Davis** used the **Dr. Brandt Vacuum Pore Mask** on my face and the Elemis Papaya Mask on my neck and throat with the professional **Bionova Products** for my in spa treatment . The entire **Bionova** line of products; the cleanser, activator and massage cream are retailed at **Shibumi**. For the **Healing Reflexology Treatment** Soli used a wonderful body butter on my hands and feet from **Donah's Passions**.

For more information contact **Shibumi Spa, 80 Leonard Street, NYC 212 343 8788**

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Lezlie

November 9th, 2009 at 5:37 pm

1

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Message

- Media/Popular Culture (7)
- mentorships (3)
- Mizani Scalp Care System (1)
- Monthly Beauty Tips & Tidbits (6)
- Music (5)
- Natural Beauties (14)
- online magazines (1)
- Presidential (4)
- Products & Services (13)
- Purchasing & Primping (37)
- sample sales (1)
- sneaker (1)
- special events (4)
- Tendrils Hair Spa (1)
- Textured Beauty-Out and About (10)
- The Men's Corner (10)
- The Powder Room (1)
- Treatments (11)
- Uncategorized (29)
- upscale retail boutique (1)
- Weekly Beauty Tips & Tidbits (4)

Archives

- November 2009
- October 2009
- September 2009
- August 2009
- July 2009
- June 2009
- May 2009
- April 2009
- March 2009
- February 2009
- January 2009
- December 2008
- November 2008
- October 2008
- September 2008
- August 2008
- July 2008
- June 2008
- May 2008

Links

- Documentation
- Development Blog
- Suggest Ideas
- Support Forum
- Plugins
- Themes
- WordPress Planet

Grooming Tips & Tidbits : The Scent of A Man (30)

MIZANI's Newest Innovation: 'SCALP CARE' System (23)

MANE ATTRACTION: ESTEEMED BEAUTY PANELIST Q & A STEALS THE SHOW (13)

Tendrils Hair Spa Celebrates 21 Years in the Beauty Industry (11)

Natural Beauty Gets CURL REFORM SOFTENER with PhytoSpecific (10)

A KISS OF VIBRANT COLOR (8)

Men's Corner: 'The Change We Need' - Obama Commercial (6)

HOT SALONS IN ATLANTA (TEXTURED BEAUTY) (5)

Beauty Tour Launch Party (N.Y.C.) (4)

First Lady Michelle Obama's Fashions (3)

Wanda Milian: I love love love your

Lezlie: Thank you for sharing this ashante bristow: its me, from top this sight

PrivyChairLady: This also need to go

Wes: Thanks for the love!

joy: Yes, her glam team is

Jay: It's great to see Whitney

Erica Brenner: I have the corset vedette

Women Expert: Thank you for sharing...very good

Carolina: Hi my name is Carolina

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Truth Unspoken: A Film by Ebony J Lewis
Must Have CHIC BAGS for the GOOD BOOK
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